



Smart Awards Level 2 SA005 – Safe Moving and Handling SPECIFICATION



Introduction

This qualification covers 1 (one) module:

- **Safe Moving and Handling**

This qualification is about understanding how to move and handle equipment or tools safely without causing any risk of injury or harm to themselves or others.

Learners are provided with the knowledge for safe moving and handling as well as gaining knowledge of compliance with Health and Safety legislation.

The qualification tests learners' knowledge, understanding in Safe Moving and Handling techniques.

Key Information	
Name	Smart Awards Level 2 SA005 – Safe Moving and Handling
Accreditation	This qualification is approved by: • Industry qualification SA005
Level	2
Duration	1 day
Guided Learning Hours	5
Total Qualification Time	7
Credit	1
Age	16 Plus
Qualification Type	Vocationally Related Qualification
Smart Awards Product Area	Safety Qualifications
Sector Subject Area	6.1 – Digital technology (practitioners)
Certification	This qualification is valid for a period of three (3) years from the date of certificate issue. To remain compliant and eligible to work on telecommunications networks, individuals must renew their qualification before the expiry date.
Network Operative Passport Scheme (NOPS)	This qualification is fully aligned with the requirements of the Network Operative Passport Scheme (NOPS). Successful completion of this qualification is recorded within the NOPS system, ensuring operatives are visible and verifiable to employers and site access systems across the industry.
Prerequisites and Entry Requirements	There are no formal entry requirements and Smart Awards will not restrict access on the grounds of prior academic attainment, employment, geographic location, or any other grounds. There are no barriers that restrict access or progression, thereby promoting equality.

Mandatory units and optional routes to completion.	Learners must complete the Safe Moving and Handling unit in full to achieve this qualification. No optional units or routes are available.
Additional requirements to achieve this qualification.	None
Methods of Assessment	This qualification will be assessed through a multiple-choice theory test. The aim of the assessment is to ensure successful learners have adequate knowledge and understanding of Safe Moving and Handling. Assessment guidance, assessor requirements and additional qualification documentation is supplied to approved Smart Awards centres via Quartz.
Theory test	Learners are required to pass a 20-question multiple-choice test, with questions randomly selected from a secure question bank to ensure comprehensive coverage of all assessment criteria. The test is timed, and learners will have 30 minutes to complete it. All multiple-choice tests are conducted online via the Smart Awards online assessment platform.
Grading	Learners will be graded (Fail or Pass) on an achievement or non-achievement basis. Learners are required to pass the theory assessment to achieve the qualification. Theory - To achieve a pass, 80% or more is required.
Reasonable adjustments and special considerations	Smart Awards approved centres that have learners with specific requirements should refer to the Smart Awards Reasonable Adjustments and Special Considerations Policy and Procedure. This document outlines the support available to ensure fair access to assessments. It can be found on the Smart Awards website at www.smartawards.co.uk
Recognition of Prior Learning	Smart Awards is committed to supporting Recognition of Prior Learning (RPL) and has established a dedicated policy and set of procedures to guide and assist approved centres in its implementation. The full policy is available on the Smart Awards website at www.smartawards.co.uk

Qualification Structure

The Level 2 Safe Moving and Handling qualification consists of one mandatory unit, which learners must complete to achieve the qualification. Attainment at Level 2 demonstrates the learner's ability to apply relevant knowledge, skills, and procedures to carry out clearly defined tasks and resolve straightforward problems with appropriate direction or supervision.

Smart Awards level 2 in SA005 Safe Moving and Handling	
Minimum TQT for this pathway = 7	Minimum number of GLH = 5
Minimum number of credits = 1	Minimum number of assessment time = 0.5
Minimum number of units = 1	Other learning time = 2.5

Unit Number	Unit title	Level	M/O	GLH	ASS	OTHER LEARNING	TQT	CREDITS
	Safe Moving and Handling	2	M	5	0.5	2.5	7	1

Learner Support and Assessment Conditions

Learners will have access to support throughout the training period via their trainer. Trainers are responsible for ensuring that each learner is adequately prepared and competent before presenting them for assessment.

No support or assistance may be given to the learner during the theory assessment to maintain the integrity and validity of the qualification.

Qualification objectives and requirements

This qualification confirms that the learner has demonstrated the required competence in Safe Moving and Handling. To successfully obtain this qualification, the learners will need to demonstrate the knowledge and ability requirements set out in the learning outcomes and assessment criteria.

Unit Reference	
Learning outcomes	Assessment criteria
The learner will:	The learner can:
1. Know the risk factors associated with safe moving and handling	1.1. explain the risk factors involved in lifting and how to control these including size, shape, weight of load, how often it is being lifted, distance carried, space constraints and posture 1.2. describe when a more detailed risk assessment is required for the task 1.3. outline how to assess the weight and centre of gravity of the loads you are going to lift 1.4. explain what is meant by muscular skeletal disorders, the causes, how to avoid them and the importance of early reporting of any symptoms.
2. Know the principles of safe moving and handling	2.1. describe approved techniques for manual handling including use of personal protective equipment (PPE) and multi person lifts 2.2. why you should plan your route when moving loads 2.3. how to plan your route when moving loads, including the types of obstacles to look for and how to remove or avoid them and distance of the lift 2.4. what manual handling is and how using unsafe techniques for lifting and handling can affect you, the people lifting with you, and others close by 2.5. what you can lift safely and how to identify when you need help and/or manual handling equipment
3. Know relevant health and safety legislation and industry good practice	3.1. describe the range of tools available from the Health and Safety Executive (HSE) to help identify risks in manual handling 3.2. describe the company guidelines and manufacturers' instructions for using manual handling equipment

Unit Reference	
Learning outcomes	Assessment criteria
The learner will:	The learner can:
	3.3. describe the company guidelines for safe lifting including type of load and the environment